

Getting started with Teladoc[®]



Teladoc gives you access 24 hours, 7 days a week to a U.S. board-certified doctor through the convenience of phone, video or mobile app visits. Set up your account today so when you need care now, a Teladoc doctor is just a call or click away.



1

SET UP YOUR ACCOUNT

Set up your account by phone (toll-free) web, mobile app or by texting "**Get Started**" to **469-844-5637**.

Online:

Go to Teladoc.com and click "**set up account**".

Mobile app:

Download the app and click "**Activate account**". Visit teladoc.com/mobile app to download the app.

Call Teladoc:

Teladoc can help you register your account over the phone.



2

PROVIDE MEDICAL HISTORY

Your medical history provides Teladoc doctors with the information they need to make an accurate diagnosis.



3

REQUEST A CONSULT

Once your account is set up, request a consult anytime you need care. And talk to a doctor by phone, web or mobile app.

Talk to a doctor anytime!

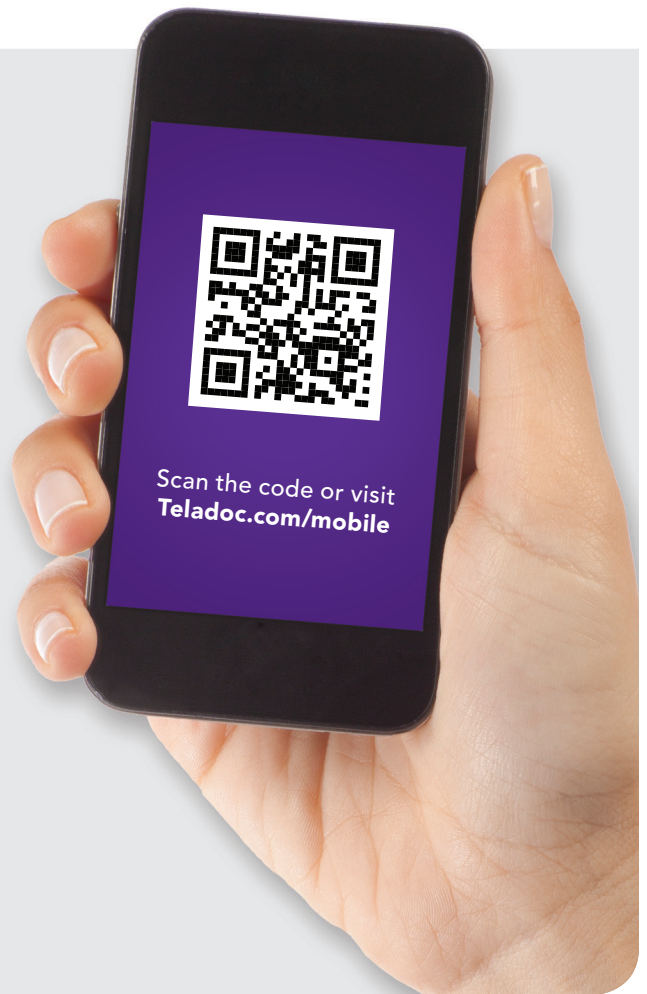
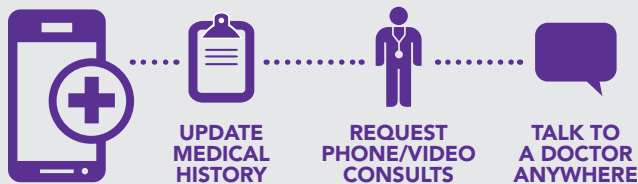
 Teladoc.com

 1-800-Teladoc



Download the app and take a doctor with you

The Teladoc member app gives you 24/7/365 access to a doctor through your mobile devices.



Teladoc.com | 1-800-Teladoc

Teladoc can treat



- Cold & flu symptoms
- Respiratory infection
- Sinus problems
- Ear infection
- **And more!**

Use Teladoc when

- You need care now
- You're considering the ER or urgent care for a non-emergency issue
- Traveling out of town

All Teladoc doctors



- Are practicing doctors and pediatricians
- Avg 15 years experience
- Are board-certified and state-licensed

Teladoc's wait time



Talk to a doctor within **one hour** or less guaranteed



With your consent, Teladoc can send consult results to your primary care physician. Get social: [Facebook.com/Teladoc](https://www.facebook.com/Teladoc)

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