

COUPE

# MyPHA | Your Care Coordinator



Your Care Coordinator is here to help you navigate through your healthcare journey. The MyPHA program is a free, confidential service that is included in your Coupe Health plan benefits.

## MyPHA will reach out to you based on:


- New diagnosis from your doctor
- New medication filled
- Precertification for a procedure
- Determination of benefits request
- Other medical updates

## MyPHA coaching services:

- Education regarding health concerns
- Options for future care
- Nutritional guidance
- Disease prevention / management
- Support throughout your health journey

## Want to connect with Care Coordinator?

Contact your Health Valet to begin your journey with the MyPHA program.

 1-833-749-1969

 [healthvalet@coupehealth.com](mailto:healthvalet@coupehealth.com)



[CoupeHealth.com](https://www.coupehealth.com)

